

**“The bicycle, the bicycle surely,
should always be the vehicle of
novelists and poets.”**

Christopher Morley

WEATHER

FRIDAY: Showers, Possible Storms; Min 16° Max 26°. UV; Extreme. Wind; N/NE 15-25 km/h

SATURDAY: Showers, Possible Storms; Min 16° Max 30°. UV; Very High. Wind; N/NE 15-25 km/h



Photo of the Day



“Who said mud was a bad thing?!”

Dear Dad,

Just a quick note to let you know I'm still alive. All my friends showed up again and everyone agrees it's been a tough ride. But we're over half way and there's no turning back.

On Tuesday we left Murchison and then 42kms later we were back in Murchison. I think it was because the first person went the wrong way and everyone accidently followed. Sometimes 'group think' is a bit of a problem. Like yesterday some of my friends and I were standing together having a chat and when we looked up there were twenty people lining up behind us. They must have thought we were the toilet line. I didn't have the heart to tell them we weren't waiting for anything. So we shuffled forward slowly and just pretended.

We stayed in Nagambie last night. That's where Elvis lives now...and John Lennon...and Michael Jackson...and Tom Jones.

Last night I saw Shannon Noll perform live. All my friends loved it. But the real star was my friend Sean who plays the accordion. He won the talent quest. I think most of us were really there to see him. We wouldn't tell Shannon that though. You can tell he's a sensitive guy because of his cool goatee.

You would be really proud of me dad. A lady told me on Monday, she and two of my other friends stopped me on my way to dinner to tell me what a good job I was doing. They hugged me a lot while they giggled and talked over one another. They said they had been at the Longleat Winery lunch stop for over four hours. They must be really slow eaters.

At night time I lie in bed and listen to all of my neighbours settling in. One of my friends in a tent close to mine broke up with her boyfriend last night. I know because she has a loud voice and I can hear her on her mobile every night when I'm trying to get to sleep. She also thinks Africa is a country and that all bikes should have motors. Another one of my friends snores and farts a lot in his sleep. But I don't mind because I saw him this morning and he has really great calf muscles. I've become a bit of a "calf critic". They are a cyclist's greatest asset and I like to check them out as they pass me on the road. You'd be surprised at how many games I have thought up while I'm peddling along.

I have lots more to tell you daddy but it will have to wait until I get home. I rode 101kms today and I almost fell asleep in my dinner. I have to get to bed anyway to find out why my neighbour's ex-boyfriend was over at her best friends house yesterday. I'll keep you posted.

Cheers, Alex.

Handy Tips

Engaging habit

Before taking off your back wheel to repair a puncture, or for transporting your bike, make sure your chain is engaged on your top gear (the one furthest from the wheel). This will ensure the wheel will drop out easily when released, rather than get caught up in the chain, and will make reassembly easier.

David M.

Don't get derailed

When leaning your bike against a wall, engage your chain on its lowest gear (the one closest to the wheel). If the bike accidentally falls, the derailleur is less likely to get bent. If you have to lay your bike on the ground, or are putting it in a car, do the same, and always have the derailleur side of the bike facing upwards.

Andrew

Back it in

This may seem obvious but many people struggle as they try to do it. The easiest way to put a bike into the back of a car is back wheel first. If you attempt to go front wheel first, it will turn and the handlebars and wheel will snag as you push from the back. Back wheel first it rolls in, and you can turn the front wheel 90 degrees at the end to get extra room. Always lay the bike chain-side up so you don't get grease marks on the floor.

Barter Family

Free wheeling

If transporting your bike on a rack on the back of your car, you will make your vehicle more aerodynamic, and therefore save money on petrol, by removing the wheels and carrying them inside the car.

Harry



This is an excerpt from a collection of reader-submitted tips in Ride On magazine. Ride On is the most widely-read bike magazine in Australia, and is sent free to Bicycle Victoria members and available for \$7.95 at newsagents around Australia.

Vic Roads Staff Profiles

Darren Orval

My role is with the Youth area of Victoria Police. I provide advice and support to all Police members around the State on issues concerning our youth. I also assist Arty in training and operational aspects of Bicycle patrols and love doing gigs like this



Members VIP Table Friday Night

No.	Name	Member #
1	Kurt Van Wijck	115526
2	Juliet Allen	144715
3	Lottie Van Wijck	145543
4	Pippa Van Wijck	190221
5	Danielle Silver	691989
6	John Chamier	209174
7	Gordon Smale	771738
8	Madison Smale	771743
9	Rodney Nilbett	773414
10	Debra Nilbett	773415
11	Kyle Carney	968004
12	Ian Carney	202231
13	Johnathen Carney	202234
14	Peter Matthews	101186
15	Richard John	676703
16	Kara Gilbert	695070
17	Isobella Gilbert	695072
18	Elanora Gilbert	695073
	Mary-Ann	
19	Macmillan	769079
20	Gary Macmillan	769080

TUBBY THE ROBOT!

Tubby the Robot is coming to camp! Keep a look out for the futuristic roving performer who'll be gracing us with his talents over the next few days. With over 17 years experience performing at major events such as the Melbourne Show and Science-works Tubby the Robot is joining the RACV Great Vic!

2011 Great Victorian Bike Ride
A week in another world
26 November – 4 December

Secure your spot on 'The Mighty Murray' Great Vic 2011 & you'll pay this year's early bird ticket price!

Loving the Great Vic? Sign up and pay your \$200 deposit for the 'Mighty Murray' Great Vic 2011 at the Sales Tent from 2 – 4 December & as a RACV Great Vic rider you will only have to pay this year's early bird ticket price. So all you need to do is look forward to sitting back & enjoying your ride as you are set to experience a week in another world.

Why not treat yourself on next years ride and take advantage of our sleep easy tent option. 2011 Sleep easy tents will be exclusively available for purchase to RACV Great Vic riders from 2 – 4 December at the Sales Tent.

Terms & conditions apply. \$200 deposit must be paid to secure your place on the 2011 Great Vic full ride option at the 2 short ride option of the 2011 Early Bird ticket price (\$1795-\$3995) - \$1 Merry night at the start of the ride 21,000 riders register at the end of the ride and plenty more will attend (and) prepared equipment to receive your tent reservations for the \$200-ride deposit.

An event by bicyclenetwork